

MARCH 2019 SUPPORT GROUPS

MANHATTAN, NY

Tuesday, March 19th, 2019 from 6:00 to 8:00 pm
Mount Sinai Downtown at Union Square
Phillips Ambulatory Care Center
Neurology Dept., 5th Floor Conference Room
10 Union Square East (b/w 14th & 15th Sts.)
New York, NY 10003
Contact: Jody Wiesel, PhD, (917) 699-9751
Speaker: Elisha Wellerstein Esq., Founding Principal of
Wellerstein Law Group, PC
Topic: ALS and the Law: What patients and caregivers should know
Next month's support group meets: April 16th, 2019

QUEENS, NY

Wednesday, March 20th, 2019 from 6:00 to 8:00 pm
The Silvercrest Center for Nursing and Rehabilitation
144-45 87th Avenue - 1st Floor Dining Room/Lounge
Briarwood, NY 11435
Contacts: Michelle McKenzie, LMSW, (718) 644-1750
Speakers: Ben Lieman, MSW, ATP and Kyle Mohammed, ELP
Coordinator, The ALS Association
Topic: Assistive technology; an asset for PALS
Next month's support group meets: April 17th, 2019

JAMES J. PETERS BRONX VA MEDICAL CENTER

Tuesday, March 12th, 2019 from 1:00 to 3:00 pm
130 West Kingsbridge Road
JJPVAMC Room 5C-02, 5th Floor
Bronx, NY 10468
Contacts: Michelle McKenzie, LMSW (718) 644-1750
Ernest Acheampong, RN (718) 584-9000 ext. 5405/5388
Speaker: Ms. Pascal Pierre MSPT
Topic: VA ALS Driving Program
Next month's support group meets: April 9th, 2019

NASSAU COUNTY, NY

Monday, March 4th, 2019 from 6:00 to 8:00 pm
Northwell Health at Plainview Hospital, (Second Floor Classroom)
888 Old Country Road, Plainview, NY 11803
Contact: Theresa Imperato, RN, (516) 946-5467
Cindy Keyser-Posner, LMSW, (631) 416-2767
Topic: Open Discussion
Next month's support group meets: April 1st, 2019

SUFFOLK COUNTY, NY

Tuesday, March 5th, 2019 from 6:00 to 8:00 pm
Stony Brook Neurology Offices
181 North Belle Mead Road Suite 5, East Setauket, NY 11733
Contacts: Theresa Imperato, RN, (516) 946-5467
Cindy Keyser-Posner, LMSW, (631) 416-2767
Topic: Open Discussion
Next month's support group meets: April 2nd, 2019

WESTCHESTER, NY/WHITE PLAINS

Tuesday, March 12th, 2019 from 6:00 to 8:00 pm
Burke Rehabilitation Center
785 Mamaroneck Avenue, Building 7, White Plains, NY 10601
Contacts: Helen Mayer, RN, (845) 520-0952
Nancy Brenner, LCSW, (914) 406-3513
Speaker: Helen Mayer, RN
Topic: CPR Demonstration
Next month's support group meets: April 9th, 2019

LOWER HUDSON VALLEY, NY

Tuesday, March 5th, 2019 from 6:00 to 8:00 pm
Ambulatory Surgery Center Bldg. C, 3rd Fl. 200
Westage Business Center, Fishkill, NY 12524
Contacts: Helen Mayer, RN, (845) 520-0952
Nancy Brenner, LCSW, (914) 406-3513
Speaker: Helen Mayer, RN
Topic: CPR Demonstration

Next month's support group meets: April 2nd, 2019

NORTHERN NJ/SADDLEBROOK

Thursday, March 7th, 2019 from 7:00 to 9:00 pm
Kessler Institute for Rehabilitation
300 Market Street, Saddle Brook, NJ 07663
Contacts: Debbie Schlossberg, LMSW (732) 710-8832
Mary Ann Mertz, RN, (908) 552-5573
Topic: Open Discussion
Next month's support group meets: April 4th, 2019

CENTRAL NJ

NEW CHANGE IN TIME

Saturday, March 16th, 2019 from **2:00 to 4:00 pm**
Robert Wood Johnson Fitness & Wellness Center
100 Kirkpatrick Street, Community Education Room
Level 2, New Brunswick, NJ 08901
Contacts: Debbie Schlossberg, LMSW, (732) 710-8832
Mary Ann Mertz, RN, (908) 552-5573
Topic: Open Discussion
*****Next month's support group meets: April 13th, 2019
due to the Easter/Passover Holidays*****

TELEPHONE SUPPORT GROUPS

PATIENT group: Every Monday from 2:30 to 3:30pm
CAREGIVER group: Every Wednesday from 4 to 5pm
Contact: Susan Zimmerman, LCSW, (212) 720-3050
Topics include: Open Discussion, Stress Reduction,
Mindfulness and Meditation Technique

If you need a volunteer, please contact Christine
Dunn at 212-720-3044 or dunn@als-ny.org.